Theory on the Construction of Early Childhood Education System Based on Quality-oriented Education

Weifu Sun

Weifang Vocational College, Weifang, 261041, China

Keywords: Quality education; Early childhood education; Physical and mental health

Abstract: Nowadays, more and more parents are no longer satisfied with early childhood education, but are eager for their children to receive good early education. Early childhood education is an organic part of basic education and the foundation stage of basic education. People's quality should be cultivated from an early age. Therefore, quality education must also be implemented in the early childhood education stage, and it is necessary to start from the age characteristics of children and lay a good quality foundation for them. For a long time, traditional education and teaching often pay too much attention to the improvement of knowledge level, so it ignores the cultivation of students' comprehensive literacy and promotes the level and ability of non-curriculum knowledge. The real growth of each educational object is itself a kind of forward-looking work, which has the initiative of development. This paper aims to internalize the requirements, tasks and contents of quality education into children's knowledge and ability through the construction and implementation of the new curriculum system, and effectively promote the healthy and harmonious growth of each child's physical and mental quality.

1. Introduction

Kindergarten curriculum is a means to achieve the goal of kindergarten education, a learning experience carefully selected and organized for children, and a synthesis of various activities to promote their physical and mental development [1]. The reform and research of kindergarten curriculum is directly related to the quality of early childhood education and the growth of early childhood. Influenced by family and society, preschool children have formed certain moral concepts, but they don't have strong ability to distinguish right from wrong, so education is neither deep nor shallow [2]. Therefore, the implementation of quality education for young children should be a whole and perfect concept. The embodiment and application of quality education in early childhood education conforms to the trend of education development and responds to the implementation of all-round quality education at the national level, which has strong practical significance [3]. At present, the core of the curriculum concept that needs to be cultivated and realized urgently is the concept of integration. In view of the two major drawbacks of traditional preschool education, preschool educators should put forward their own unique opinions from the aspects of curriculum structure, the formulation of educational objectives, the establishment of educational content, the choice of teaching methods and the application of educational means, so as to make due contributions to the cultivation of children's innovative spirit and practical ability [4].

Nowadays, more and more parents are no longer satisfied with early childhood education, but are eager for their children to receive good early education. In addition to satisfying the growth of children's intelligence, children should have more emotional and natural experiences, and pay more attention to the cultivation of children's early behavior habits and ideological and moral cultivation [5]. The essence of teaching, which can also be said to be the greatest purpose, is to cultivate builders with sound personality, comprehensive ability and knowledge level, and help a person to better realize the greatest value [6]. Early childhood education is the first systematic education that students come into contact with in time span, which will have a profound impact on a new development, so it is absolutely necessary to strengthen and improve early childhood teaching [7]. Early childhood education is a basic project, which should not only focus on students' current development, but also focus on cultivating students' self-development ability, and attach importance

to the future development value and migration value of students' current development [8]. This paper aims to internalize the requirements, tasks and contents of quality education into children's knowledge and ability by taking the construction and implementation of the new curriculum system as a breakthrough, and effectively promote the healthy and harmonious growth of each child's physical and mental quality.

2. The relationship between quality education and innovative education

"Quality", originally a term in the physiological category, refers to the innate characteristics of human nervous system, sensory organs and so on. This feature is the basis for people to acquire knowledge and grow their talents, and its external manifestations are personality and will. The psychological level and knowledge level of the target children in early childhood education are in a low state, so the external knowledge education and ability training will be immediately reflected in children. In early childhood education, higher plasticity is helpful for teaching. At the same time, because of the existence of higher plasticity, we must be cautious in early childhood education and realize its importance [9]. Now "quality" has developed into a more comprehensive concept, which refers to the basic quality of relatively stable physical and mental development formed by the influence of acquired environmental education on the basis of innate physiology and through individual's own understanding and practice.

Early childhood education is in the initial stage of basic education. Strengthening the plasticity of early childhood education reflects the importance of early childhood education, which mainly reflects its cognitive awareness of students' knowledge and the initial cultivation of their abilities. The long-term embodiment is that the students' initial knowledge consciousness and initial ability cultivated by early childhood education will affect students for a long time to come. Quality-oriented education is not the same as imparting knowledge and cultivating ability. It requires facing all students and promoting students' lively and active development on their own basis, so as to form rich and unique comprehensive quality. An extremely important aspect of this comprehensive quality ability is innovative consciousness, innovative spirit and innovative ability, which is the best embodiment of modern people's comprehensive quality and the core content of modern people's comprehensive quality.

Early childhood education is rich in content, because it contains many knowledge points. This is determined by the nature and characteristics of early childhood education. The biggest purpose of early childhood education is to cultivate students' initial awareness and understanding of knowledge and other basic qualities and abilities. Implementing innovative education means facing all, believing that each student has certain innovative potential, teaching students in accordance with their aptitude and treating them differently, and fully developing each student's innovative potential, so that each student can become an innovative talent in a certain aspect to varying degrees. Therefore, in this sense, innovative education and quality education are consistent in spirit.

3. The construction of preschool education system under the guidance of quality education

3.1. Change teaching concepts and ideas

For a long time, preschool education and other basic education have paid more attention to the level of curriculum knowledge than to quality education. The main reason is that the teaching concept and the understanding of teaching concept are not clear. Interest is the motivation and foundation for people to do anything, and wanting to do it and loving it are the prerequisites for doing it well. Children in preschool period begin to develop physically and mentally, and have a desire to explore the surrounding environment, eager to get new feelings, new knowledge and new experiences to fill, interested in everything, and want to try something. This kind of interest is very valuable, and it is the motive force of seeking knowledge and making progress. Preschool teachers should adopt correct methods and beneficial activities to enlighten and cultivate children's interest. To embody quality education in early childhood education, as an important and primary point, it is

necessary to change teaching concepts and teaching ideas. Only when we accept and understand the importance of quality education in education, can we apply it in practical teaching and introduce quality education into early childhood teaching better and deeper. The core composition of children's innovative education under the guidance of quality education is shown in the figure.

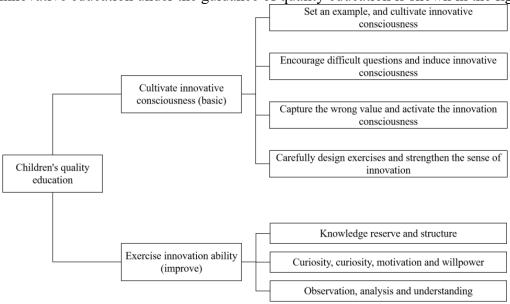


Figure 1 The core composition of children's innovative education under the guidance of quality education

The most important thing of quality education is the shaping of all kinds of good qualities. Because children are young and don't understand many things, they will learn whatever you teach them. Children's plasticity is very strong. Therefore, it is very beneficial to choose to start with children when carrying out quality education. Moreover, in the innocent early childhood, basic quality education will also have a very important impact on children's future growth and life. If we want to embody quality education in early childhood education, it will be different from the traditional teaching methods, which shows that the traditional teaching methods can no longer adapt and should not reflect quality education well. Therefore, if we want to talk about the embodiment of quality education in early childhood education, we must adopt corresponding teaching forms.

3.2. Introduce appropriate teaching forms

Early childhood is a critical period of rapid growth of intelligence, and whether we can seize this period to develop intelligence will be related to the level of intellectual development throughout our lives. Kindergarten is an important stage for a person to develop good habits. We should create opportunities for children to do things, strengthen training, influence children subtly and correctly, and use various methods in daily life to entertain and educate. To embody quality education in early childhood education, in order to embody its effects and advantages to a greater extent, it should be embodied in the whole teaching content of early childhood education in an all-round way. As the saying goes, the accumulation of quantity can achieve qualitative changes. Because children's psychological activities are unstable, their interests are random, fragile and short-lived, which requires kindergarten teachers to use colorful, healthy and beneficial activities to guide correctly, be patient and meticulous, innovate constantly, and explore effective methods and ways to cultivate children's interests. The professional competence structure of preschool teachers is shown in Figure 2.

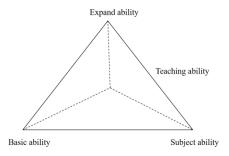


Figure 2 The professional competence structure of preschool teachers

Teachers should give children enough free space. They can choose their favorite toys and their favorite partners, and set up their own games to give them full imagination and activity space. Kindergartens should give full play to the imagination and creativity of teachers and children according to the existing material conditions, and work together in the educational environment with their own hands to make it colorful, vivid, relaxed, comfortable, free and harmonious. Early childhood education has the characteristics of rich content, which makes the levels and directions of early childhood education numerous. It is very difficult to achieve all-round embodiment of quality education in a large number of levels and directions, which requires us to do in-depth research and analysis on every task of early childhood education in order to achieve the expected results.

3.3. Children's physical education teaching innovation

Physical quality is the material basis of people's quality structure. Cultivating children's physical quality is to ensure the completion of realistic learning tasks and provide physical conditions for future work. When carrying out physical education, kindergarten teachers will fully combine the growth and development laws of children to carry out activities and exercises, which will promote the growth and growth of children's bodies. Children's physical activities can not only improve children's physique and ensure their health, but also effectively improve children's physical adaptability, mainly including their own immunity, adaptability to the environment and resistance to diseases.

Early childhood is a critical period for developing personality and an important period for implementing moral quality education. Children's thinking mainly takes concrete images as the main body, while abstract logical thinking is still in its infancy, lacking life experience, unable to clearly distinguish right from wrong, and the theory of moral concepts is vague. Through sports activities, we can cultivate a sense of reason and morality. It is very important to enhance children's sensitivity and emergency response ability in quality education, and at the same time improve children's brain and nervous system functions in activities. Children's sports is an important part of lifelong sports, which emphasizes the cultivation of children's sports interest and activity ability in sports activities, and gradually forms the consciousness of lifelong sports. In children's physical education, it is the most important task to cultivate children's interest in sports and enhance their subjective initiative in sports. In physical education teaching, kindergarten teachers need to give full play to children's main role, adopt colorful teaching methods, activate the teaching atmosphere, fully mobilize children's interest in sports, and make them actively and independently participate in sports activities.

4. Conclusions

Children's education is an important part of quality education, and it is also a concrete embodiment of innovative education. Innovative education is an effective breakthrough in the implementation of quality education, and it is concrete and deepening of quality education. Quality education in kindergarten is the foundation of quality education, and the cultivation of the physical and mental quality of the educated, which quality education attaches importance to, must start from the children with strong plasticity. The most basic quality training obtained in early childhood will have a great impact on the growth of people's life. Early childhood education is to cultivate

high-quality talents with innovative ability with all-round growth of morality, intelligence, physique and beauty. The teachers needed by today's society are high-quality teachers with the same innovative quality and ability. Quality education is of great significance and far-reaching influence, and it is self-evident that it is important for a person's development. Exploring the infiltration and embodiment of quality education in the basic education stage conforms to the trend of the growth of new educational concepts and teaching forms, and is also the direction of current education development. Teachers should improve their own consciousness while educating children, and constantly improve their own quality in routine education, so that children can grow healthily and healthily.

References

- [1] Wang Dongbo, Li Mei. On the integration of professional quality education into the curriculum teaching of preschool education [J]. Journal of Huaibei Vocational and Technical College, 2018, 17(1):2.
- [2] Blmeke S, Jenen L, Grassmann M, et al. Process mediates structure: Relation of preschool teacher education to preschool teachers' knowledge[J]. Journal of Educational Psychology, 2017, 109(3):338-354.
- [3] Bautista A, Moreno-Núez, Ana, Bull R, et al. Arts-related pedagogies in preschool education: An Asian perspective[J]. Early Childhood Research Quarterly, 2018:277-288.
- [4] Phillips D A, Anderson S, Gormley W. The dog that didn't bark: Preschool education and middle-school attitudes in Tulsa[J]. Applied developmental science, 2018, 22(1-4):200-216.
- [5] Tian Zhihui. Analysis on how to realize early childhood education under the concept of quality education [J]. New Curriculum: Comprehensive Edition, 2018(2):2.
- [6] Dip J A, Gamboa L F. The heterogeneity of effects of preschool education on cognitive outcomes in Latin America[J]. CEPAL review, 2019, 128(128):71-89.
- [7] Simon M R, Koroec A, Bilban M. The influence of parental education and other socio-economic factors on child car seat use[J]. Slovenian Journal of Public Health, 2017, 56(1):55-64.
- [8] Zhao Yan, Jiang Wenxuan. Study on the application of Orff education system in piano lessons for preschool education majors [J]. Drama House, 2017(21):1.
- [9] Liu Huquan. Preschool education system, the status quo and reform path of kindergarten teachers [J]. Journal of Jilin Institute of Education, 2022, 38(1):4.